

Dec. 4th, 1988

Poem---Love has asserted supremacy in my life.

I sit here helpless, I cannot hide. Oh, the pain of my open Heart in this world of Shadows. Shadows we surrender to, holding onto for security, thinking they are reality.

I was one of the Shadow's friends, thinking I knew who I was, that I was in control. Oh, my arrogance, until this moment.

"Open your Heart", my inner voice says clearly. "Confront your fear of falling, out of control, into an unknown land, uncharted." But the pain, the pain is unbearable; I scream in terror, please no more, I cannot take any more.

Have mercy on me.

"There is no alternative", the Voice says compassionately. The Voice of the Heart of Love now sings to me, serenading my soul.

"Love isn't sentimental, but is the glue that connects, that keeps the entire Universe whole." From the tiniest sub-atomic particles, to the planets, stars and to the largest galaxies, and to the creation of vibrant life, the animals and the flowering of plants, Love is there.

"Love is not something you give when it is to your advantage, or only when it will be returned. Love simply is. Now, let your ego occupy its true place as an instrument of my Heart; give yourself to others."

I now experience a calm and serenity that I have never known before this moment. The Voice of the Heart of Love nurtures and instructs me, saying, "Can you feel my living presence inside and all around you?"

Like a slow moving stream through a thick forest on a warm day, moving continuously, this Spirit is always at the Heart of all things."

This is the experience of Life. Everything is alive and in motion; the trees, animals, birds, fish, and even the rocks, mountains, the wind, the stars, the whole Universe is alive, knowing.

"You are part of this Life. You are this Life. The creation of the Universe did not just happen in the past, but is going on inside you and in the world each precious moment."

The Voice of the Heart of Love says: "The end of the world is near. The hurt you feel is part of the plan. The pain of birth and emergence, the pain of awakening from the Shadow world. But,

this is only the beginning for you. For you to truly be my servant, you must face Death." I respond, confidently, saying that I am not afraid of Death. The Voice says, with mild amusement, "Is that So?"

"Listen to me now," the voice says with deep power and authority. An explosion rocks inside of me. Through what seems to be a sea of red blood, so cloudy, I see the truth of myself. All of a sudden, my petty fears, insecurities, hurt; all my narrow political and religious views and opinions, and all of the ways that I have grown to identify with this world now becomes clearly seen. Like a mirror that reflects truthfully, with no distortion, in that moment, I see Reality as it is.

But, the Shadows still have a hold on me. "Let go my child, release ALL of your doubts into me. The field of Love is so much bigger than your own individual spiritual awakening." Once again, the small, childish vision of myself is demolished.

The Voice of the Heart of Love continues, saying, "This is the message of your life, a truth the Shadow world does not want you to know and to proclaim."

"The Secret to overcoming Death. Give yourself and be available as an empty vessel for my Love. Love everyone, especially those that are different than you. When you can still love those that hate you, then you will be doing my work."

"Now is the time. Start right where you are, with yourself. Then, be a witness for Love, a source of uplift and healing around you, and reflect this into the community and world. Connect with others who are doing the same right where you are. As countless circles gather in each community, and millions of circles throughout the world, let the entire cosmos ring and ignite this Spiritual Power."

I open myself to joy, with so much abundant life pouring through me, prepared to take action to build a new world.